

Symptom	0.22%	0.32%	Count
SYMPTOMS FOR ASPARTAME	0.22%	0.32%	19
ABDOMINAL SWELLING	0.22%	0.32%	19
CHANGE IN THIRST OR WATER INTAKE	0.22%	0.30%	18
CHANGE IN SALIVA OUTPUT	0.21%	0.28%	17
UNCONSCIOUSNESS AND COMA	0.20%	0.27%	16
MUSCLE TREMORS	0.18%	0.27%	16
EYE IRRITATION	0.18%	0.25%	15
CONSTIPATION	0.17%	0.25%	15
UNSTEADY GAIT	0.17%	0.23%	14
OTHER EXTREMITY PAIN	0.16%	0.23%	14
WHEEZING	0.16%	0.21%	13
PROBLEMS WITH BLEEDING	0.15%	0.21%	13
COUGHING	0.15%	0.16%	10
CHANGE IN HAIR OR NAILS	0.11%	0.16%	10
SIMPLE PARTIAL SEIZURES	0.11%	0.15%	9
CHANGES IN SKIN AND NAIL COLORATION	0.10%	0.13%	8
EXCESSIVE PHEGM PRODUCTION	0.09%	0.13%	8
BLOOD GLUCOSE DISORDERS	0.09%	0.11%	7
BLOOD PRESSURE CHANGES	0.08%	0.11%	7
SINUS PROBLEMS	0.08%	0.10%	6
SHORTNESS OF BREATH ON EXERTION	0.07%	0.10%	6
ANY LUMPS PRESENT	0.07%	0.08%	5
EVIDENCE OF BLOOD IN STOOL OR VOMIT	0.05%	0.08%	5
DYSMENORRHEA	0.05%	0.06%	4
DENTAL PROBLEMS	0.04%	0.06%	4
DEATH	0.04%	0.06%	4
HALLUCINATIONS	0.04%	0.06%	4
COMPLEX PARTIAL SEIZURES	0.04%	0.05%	3
SWOLLEN LYMPH NODES	0.03%	0.05%	3
CHANGE IN SMELL	0.03%	0.05%	3
OTHER BLOOD AND LYMPHATIC	0.03%	0.05%	3
ECZEMA	0.03%	0.05%	3
HEMATURIA	0.03%	0.05%	3
SHORTNESS OF BREATH DUE TO POSITION	0.02%	0.03%	2
DIFFICULTIES WITH PREGNANCY	0.02%	0.03%	2
(CHILDREN ONLY) DEVELOPMENTAL RETARDATION	0.02%	0.03%	2
CHANGE IN BREAST SIZE OR TENDERNESS	0.02%	0.03%	2
ANEMIA	0.01%	0.01%	1
CHANGE IN SEXUAL FUNCTION	0.01%	0.01%	1
SHOCK	0.01%	0.01%	1
CONJUNCTIVITIS	0.01%	0.01%	1
DILATING EYES	0.01%	0.01%	1
FEBRILE	0.01%	0.01%	1

DISTRIBUTION BASED ON 5918 RECORDS AND 8462 OCCURRENCES OF SYMPTOMS

From Freedom of Information, Food and Drug Administration.

Author's note: The FDA sent this copy — marks and all — which points out the possibility of more than 900 seizures and convulsions (including unmarked ones) instead of the 267 at the top of the list. The FDA neglected to mention an additional death listed in the "Evaluation of Consumer Complaints Related to Aspartame Use," Centers for Disease Control, November, 1984.