



Memorandum

Date April 1, 1993
From Chief, Epidemiology Branch, HFS-728
Subject Adverse reactions associated with aspartame consumption

TABLE 2. CUMULATIVE ASPARTAME CONSUMER COMPLAINTS BY REPORTED SYMPTOMS ^a

REPORTED SYMPTOMS	NO. OF TOTAL	% OF TOTAL
Headache	1558	18.4
Dizziness or Problems with Balance	669	7.9
Change in Mood Quality or Level	588	6.9
Vomiting and Nausea	551	6.5
Abdominal Pain and Cramps	369	4.4
Change in Vision	322	3.8
Diarrhea	273	3.2
Seizures and Convulsions	267	3.2
Memory Loss	220	2.6
Fatigue, Weakness	219	2.6
Rash	191	2.3
Sleep Problems	186	2.2
Hives	165	2.0
Change in Sensation (Numbness, Tingling)	159	1.9
Change in Heart Rate	156	1.8
Itching	143	1.7
Change in Menstrual Pattern	102	1.2
Change in Activity Level	97	1.1
Other	2197	26.3

a - Multiple symptoms may be associated with each consumer complaint